

Benzaknen 10% Gel — Patient Information

Active ingredient: Benzoyl peroxide

Please read this leaflet carefully before starting treatment because it contains important information.

- Keep this leaflet. You may need to read it again.
 - If you have further questions, ask your doctor or pharmacist.
 - This medicine has been prescribed for you personally. Do not give it to others—it may harm them even if their symptoms are similar.
 - If you notice any side effects, contact your doctor or pharmacist. This also applies to side effects not listed here. See section 4.
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1. What Benzaknen 10% Gel is and what it is used for

Benzaknen 10% Gel is used externally to treat acne. The active ingredient **benzoyl peroxide** has:

- **Antibacterial** effects (reduces acne-causing bacteria)
- **Sebum-reducing** effects (lowers excess oil production)
- **Mild peeling** action (helps unclog pores)

This combination helps clear pimples and pustules and reduces inflammation.

If your symptoms do not improve or get worse, consult your doctor.

Suitable for **adults and adolescents aged 12 and above**.

2. Before you use Benzaknen 10% Gel

Do NOT use if:

- You are allergic to benzoyl peroxide or any of the ingredients listed in section 6.

Warnings and precautions

Speak to your doctor or pharmacist before use.

- For **external use only**.
- May cause **skin swelling or blistering**—stop using immediately if this occurs.
- Avoid contact with **eyes, mouth, nose, and mucous membranes**.
- Can **bleach hair and colored textiles**—avoid contact.
- At the start of treatment, mild **burning, redness, peeling** may occur. If too strong, stop treatment temporarily until symptoms improve.
- If the product gets into the eyes, rinse immediately with water and seek medical advice if redness or pain occurs.
- Use with caution on the **neck** or other sensitive skin areas.
- Avoid **intense sunlight or UV exposure** during treatment.
- Do not combine with **other irritating or peeling products** (e.g., salicylic acid, sulfur, resorcinol).
- Do not apply on **broken, irritated, or very sensitive skin**.

Other medicines

Tell your doctor or pharmacist if you are using, recently used, or plan to use other medicines. Do not use other peeling, irritating, or drying agents at the same time.

Pregnancy and breastfeeding

Use only if clearly necessary. Your doctor will decide if treatment is appropriate.

Driving and using machines

No effects expected.

Contains

Propylene glycol (may cause skin irritation).

3. How to use Benzaknen 10% Gel

Use exactly as prescribed by your doctor or pharmacist.

Adults and adolescents (12+)

- Apply to affected areas **1–2 times per day**.
- Clean and **thoroughly dry** the skin before applying.
- Use a **thin layer**, gently massage in, and let dry to avoid bleaching clothes.
- For sensitive skin: apply **once daily in the evening**.
- Typical treatment duration: **4–12 weeks**.

- Stop and consult your doctor if you see **no improvement after 6 weeks**.

Children under 12

Not recommended, as acne rarely occurs in this age group.

If you apply too much

Using more gel will **not** make acne clear faster, but may cause strong irritation.
Contact a doctor or hospital if:

- You used much more than recommended
- You or a child **accidentally swallowed** the product (may cause throat or stomach discomfort)

If you forget a dose

Do not apply a double amount to make up for it.

If you stop using it

Stopping early may cause acne to return. Speak with your doctor before stopping.

4. Possible side effects

Very common (more than 1 in 10):

- Dry skin
- Redness
- Peeling/flaking
- Burning sensation

Common (up to 1 in 10):

- Itching
- Stinging pain
- Irritant contact dermatitis

Uncommon (up to 1 in 100):

- Allergic contact dermatitis → **stop immediately**

Most irritation improves after a few days or by reducing application frequency.

Severe reactions (frequency unknown):

- Facial swelling
- Severe allergic reactions
- Hypersensitivity or anaphylaxis

Seek medical help if this happens.

5. How to store Benzaknen 10% Gel

- Store below **25°C**.
 - Keep in the **original packaging** to protect from light.
 - Keep out of reach of children.
 - Do not use after the expiry date.
 - Use within **6 months** after opening.
 - Do not use if the gel shows visible deterioration (e.g., darkening).
 - Do not dispose in household waste; ask your pharmacist about proper disposal.
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6. Package contents

Active ingredient:

- 1 g gel contains **100 mg benzoyl peroxide**

Other ingredients:

Carbomer, disodium edetate, poloxamer, sodium docusate, silica, propylene glycol, glycerol, methacrylate copolymer, sodium hydroxide solution, purified water.

Appearance:

White to off-white gel in 30 g tubes.