

# Benzaknen Wash 5% Suspension — Patient Information

**Active ingredient:** Benzoyl peroxide

Please read this information carefully before using the product.

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## 1. What Benzaknen Wash 5% is and what it is used for

Benzaknen Wash 5% is a wash-off suspension used to treat **mild acne**, and it can also be used as **supportive therapy** for moderate to severe acne.

It is suitable for **adults and adolescents aged 12 and above**.

The active ingredient **benzoyl peroxide**:

- Reduces acne-causing bacteria
  - Has a mild peeling (keratolytic) effect
  - Helps unclog pores and reduce inflammation
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## 2. Before using Benzaknen Wash 5%

**Do NOT use if:**

- You are allergic to benzoyl peroxide or any other ingredients listed in section 6.

### Warnings and precautions

- For **external use only**.
- Avoid contact with **eyes, mouth, nose, and mucous membranes**.
- Do not apply to **broken or eroded skin**.
- If it gets into the eyes, it may cause redness and burning — rinse well with water.
- **Accidental ingestion** may cause irritation of the throat or stomach, nausea, or vomiting.
- Avoid using with **other irritating skincare products** (peels, scrubs, harsh cleansers).
- Avoid **sun exposure and tanning beds** during treatment, as irritation can increase.
- Benzoyl peroxide can **bleach hair, eyebrows, beard hair, and fabrics** — even indirectly after washing off.

- Patients with **very dry or atopic skin** should use with caution.
  - Intended only for **adolescents (12+) and adults**.
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### 3. How to use Benzaknen Wash 5%

#### Adults and adolescents (12+)

- Use **once daily**.
- In more severe cases, dosage may be increased to **twice daily**.

#### Children under 12

- Not recommended; acne is uncommon in this age group.

#### Method of application

1. Moisten the affected skin areas.
2. Apply Benzaknen Wash and gently massage.
3. **Rinse off immediately** with plenty of water and dry the skin.
4. Avoid contact with the eyes, mouth, nostrils, and mucous membranes.

**Do not use additional cleansing products afterward**, as they may reduce treatment effectiveness and increase irritation.

#### Duration of use

Typical course: **4–12 weeks**.

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### 4. Possible side effects

Like all acne treatments with benzoyl peroxide, side effects may occur.

#### Very common (more than 1 in 10)

- Redness
- Burning sensation
- Dryness
- Peeling/flaking of the skin

### **Common (up to 1 in 10)**

- Itching
- Skin irritation
- Stinging sensation

### **Uncommon (up to 1 in 100)**

- Allergic contact dermatitis (stop treatment immediately)

### **Not known**

- Facial swelling (reported from post-marketing experience)

#### **Important:**

During the first days, mild burning, redness, and itching may appear. These usually improve on their own.

If irritation becomes strong, lasts longer than one week, or if allergic reactions occur, stop using the product and consult a doctor.

Applying too much can cause excessive dryness and peeling.

In such cases, stop treatment until the skin calms down.

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## **5. How to store Benzaknen Wash 5%**

- Store below **25°C**.
  - Keep out of reach of children.
  - Shelf life: **18 months unopened, 6 months after opening**.
  - Do not use if the product shows changes (e.g., color change).
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## **6. Package contents and other information**

### **Active ingredient**

- Benzoyl peroxide (50 mg per 1 g suspension)

## **Other ingredients**

Carbomer 940, alpha-olefin sulfonate sodium salt (C14–C16), acrylate copolymer, glycerol, sodium hydroxide, purified water.

## **Appearance**

White suspension for topical use in **30 g, 50 g, or 100 g tubes**  
Also available as a **double pack (2 × 100 g)**.

## **Marketing authorization holder**

Galderma Laboratorium GmbH, Düsseldorf, Germany.